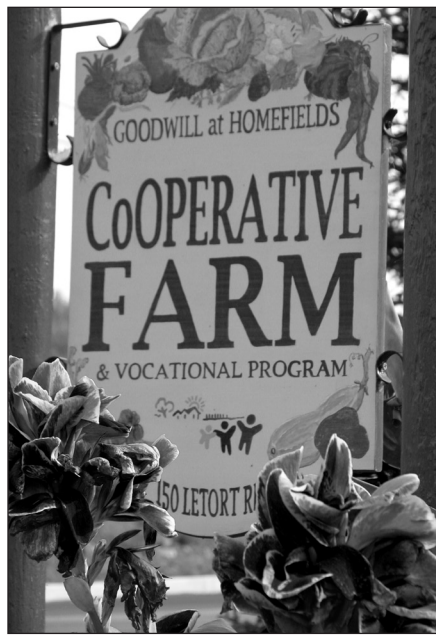




A New Alliance

The Goodwill at Homefields Farm Program has formed a new alliance with Millersville University in the last year. New persons, interests and talents have been brought to the Homefields property through the Community Service and Work-Study Programs. Two student groups participated in a community volunteer effort called "Into the Streets" on October 16th by digging holes for new fruit trees and helping to paint new barn siding. Because of the efforts of many, a great amount of work was accomplished in just a few hours.

The Work-Study program has brought Beatrice Hanson from Philadelphia to the farm four days a week. Her efforts help to facilitate a large amount of work with our trainee participants on a nearly daily basis. Recently, the association with M.U. has brought us Joseph Abraham, who is also from Philadelphia. As a student of Teaching and Industrial Technology, he brings a wealth of knowledge and expertise to the property, and has already made dramatic improvements to our barn as well as to our greenhouses.



Being situated only a half mile from the Millersville University is proving to be a great benefit for students, Homefields, and the Goodwill at Homefields Farm Program. We are grateful to have this relationship and hope to see it grow in the future.

—Peter Emerson



Christo Wraps Homefields!

No, the famous artist wasn't here, but it was just as exciting when 20 Millersville University students of the Class of 2008 came to Homefields to "wrap" our two greenhouses with new plastic sheeting on the Day of Service to the Community, September 4.

This was a job that called for teamwork. Students wrapped tennis balls in plastic, tied one end of a rope around the balls, and hurled them over the top of the greenhouse frame, to be caught by their buddies waiting on the other side. Carefully coordinated pulling on the ropes ("a little harder on the west end") brought all forty-eight feet of heavy gauge plastic into position. After completing this step, the plastic was then stretched front to back and secured using a zigzag wire along the perimeter framework and foundations on both sides. Many trips up and down a ladder were required to trim off excess plastic, and then the whole process was repeated on our second greenhouse. Whew.

Millersville University, in partnership with AmeriCorps*VISTA, encourages the freshman class to come together on this day to help create unity within the student body and to familiarize students with the larger community. The Day of Service to the Community is similar to the United Way Day of Caring in that volunteers go out

DINNER OUT FOR HOMEFIELDS

The First Annual "Dinner Out for Homefields" will be held on March 28, 2005 from 4 to 10 pm at many local restaurants. We're asking for 10% of the evening's proceeds.

Corporate Sponsors are needed and sponsorship opportunities are available for \$1,000-Gold, \$500-Silver, \$250-Bronze and as little as \$100-Patron. All sponsors will be noted on the table tents at each restaurant on the evening of the event. All proceeds will go the General Fund of Homefields. Please contact Cindy Ledwith at 717-872-1762.

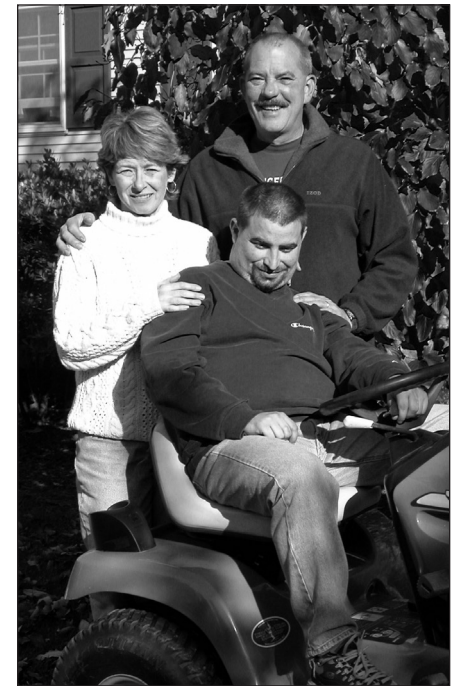
into their environs to donate time, energy, and expertise to sustain natural resources, nonprofit organizations, and public agencies. Small groups of 10–20 students are assigned per project and work 3 hours in the morning. This year there was a pool of 250 dedicated students.

That just about wraps it up. The greenhouses' beds have fresh plastic sheets that will last for several years, the students had fun while working together in teams, hitting each other with tennis balls, and making new friends. Homefields was given what, to us, is a true piece of community art as a gift from Millersville University and the Class of '08.

My Friend Shawn

Hello readers of Homefields' Newsletter. My name is Denny Dougherty. I am a board member of Homefields and its current Treasurer. I am a native of Lancaster County and currently reside in the Willow Street area with my wife Susan and children Shawn and Nora. I am not writing to tell you about myself, after all I am an accountant, how exciting or even interesting can my life be! Rather, I am here to tell you a little bit about my son and one of my best friends, Shawn, and our dreams for his future.

Shawn is 25 years old and was born moderately mentally disabled. Shawn is pretty much your typical young adult. He gets up every morning and goes to work at Ephrata Area Rehabilitation Services. After he arrives home from work, he immediately heads for the refrigerator and turns on the TV. After satisfying these basic needs, he calls his mother at her place of employment and informs



I find great hope and comfort in knowing that Shawn has the support of the "Homefields Village" behind him.

her that he has safely arrived home, (something we wish Nora would do more often!). Next on his daily agenda is checking out his "wheels". Since Shawn is unable to drive a car, "wheels" for Shawn is a John Deere lawn tractor.

The Deere is driven daily, weather permitting. Shawn received the tractor as a combination birthday/high school graduation gift four years ago, and is already working on his third set of tires! Since Shawn loves the company of people so much, the Deere is used not only for cutting grass, but also for transportation to visit with his neighbors in our development. He loves to sit and chat with people. As a result, our neighbors know more about what is going on in the Dougherty family than Susan and I wished they knew!

In addition to his tractor, Shawn loves music, especially the country group "Alabama", watching baseball and football on TV, playing Uno and being with his friends. In short, pretty much like any other young adult. Unlike most young adults however, Shawn will never have the opportunity to live an independent life. His disability prevents him from purchasing, maintaining and living in his own home. This is where Homefields enters the picture and becomes such an important aspect of Shawn's future.

As most of you already know, Homefields not only provides employment opportunities to disabled adults through its partnership with Goodwill and the community supported agricultural program, but it also provides homes for six disabled individuals in cooperation with Community Services Group. Homefields Residential Mission is to, "create financially secure, long-term homes in safe, family-like settings where

there is respect for the individual in a holistic sense, and fun and creativity are revered as basic human needs." I like to believe, that for the six individuals currently residing at Homefields, we are accomplishing that mission. I personally believe it is now time to expand our residential program so that Shawn can one day live in a home that falls under the Homefields' umbrella.

The decision of placing Shawn in a "group home" has not been an easy one for Susan and me. Shawn is a true joy to live with. He is considerate of the needs and wants of others, has a great sense of humor, enjoys life tremendously, loves people and is overall a "great guy." We love Shawn tremendously! However, there is not a day that passes in which Susan and I do not wonder what the future holds for Shawn when we are no longer present to assist him in living a happy and productive life. Again enters

(continued on reverse)

Homeless

The following are this year's numbers for different categories of residential housing requests (taken from the Lancaster County HCSIS/PUNS database—the Home and Community Service Information System/Prioritization of Urgency of Need for Services):

Number of Emergency requests = 117
Number of Critical requests = 214
'Emergency' is understood to mean that this service is now needed. 'Critical' is understood to mean that this service is needed within the next year.

The different types of residential service needs may contain duplicates (in other words, there may be a person waiting for either type of service and the family or individual has requested to be listed as needing both, anticipating they will take the first available, although this is generally not the policy Lancaster follows). However, the two categories—'emergency' and 'critical'—are mutually exclusive (in other words, someone cannot be counted in both the emergency list and the critical list).

(continued on reverse)



Installation being done by Vince Kling and Jim Nolt from Rufus Brubaker Refrigeration, Manheim.

Cool Cube

In early May, one month before shareholders would begin to pick up their weekly allocation of produce, Peter Emerson (Farm Manager, Goodwill at Homefields' Farm), expressed an urgent need for a 10' x 10' walk-in refrigerator to keep the harvested vegetables fresh until distributed. The three donated refrigerators used by the vocational program in previous seasons had reached the end of their useful life.

Homefields' Board of Directors voted to present a one-time only request to Mr. Stuart Symons, Deputy Director, The Lancaster County Office of Mental Retardation and Early Intervention, for funds totaling \$3,265 to pay for half of the cost of the new refrigerator. Our petition was granted and the check was gifted to Goodwill Industries of Southeastern Pennsylvania. The Board of Directors of Keystone Goodwill stepped forward and voted to match this gift dollar for dollar and to donate the refrigeration unit to Homefields.

Through the combined generosity of The Lancaster County Office of Mental Retardation and Keystone Goodwill, Homefields has been able to accommodate the goal set by Peter while continuing to concentrate on planned expenditures.

A walk-in refrigerator allows produce to be harvested in bulk and kept fresh as dew. Larger quantities of produce may be harvested at one time and stored, thus freeing up the workweek for trainee farmers to attend to other farming tasks. For the first time, shareholders have Saturday as an optional day to pick up their share of veggies and fruit. Shareholders love flexibility, and Homefields loves shareholders.

DONATIONS JULY-OCTOBER 2004

IN MEMORY OF GERALDINE H. DETERMAN

\$100

Brandywine Sand and Gravel Company
Stuart Symons

\$50 - \$25

Marianne G. Charles
Dennis & Susan Dougherty
Lester, Evelyn and Donald Herman
Janet A. Ickes
National Capital Area Council/Boy Scouts of America
Joyce and Bill Smedley
United Support Group

IN-KIND

Community Services Group, Use of office
Lancaster Let's Go!
Harley-Davidson Raffle Ad

John and Kathy Pontz, 'Fishing Picnic' Sponsor
Andrew Scheid, Funeral Director*, Memorial Plaque
Reed Semedo-Strauss, Web Design
David Strauss, Print Design
Trout, Ebersole & Groff, LLP, Professional Advice

GIFTS

\$10,000 - \$5,000
Gerald & Suzanne Ganse Family Foundation—John Deere Gator* \$7,693.89
Goodwill Industries Keystone Area—Walk-In Refrigerator, Value of \$6,530

\$1,000 - \$4,999

Mrs. Caroline S. Nunan

\$100 - \$499

Don and Tracy Arndt*
Dennis Dougherty—United Way
Neil and Nina Rovner*
Joseph and Patricia Slakey

\$10 - \$99

Joel Baron
Susan M. Dougherty
Helen Hostetter
Charles J. Pletcher
Mr. Charles W. Plummer
David W. Rose
Robert Shaub*
Mary Stehman*
Pure Energy/A. Tamasin Sterner*
William D. Wanner
Carl Ziegler and Jillian Evans-Ziegler*

DESIGNATED GIFT

Ephrata National Bank, Lawn Mower Repair—\$125

SPECIAL THANK YOU

The Lancaster County Office of Mental Health and Mental Retardation
Millersville University Office of Community Service

*Indicates new member or new level of giving

EVERYONE LOVES A PARADE

It was the eighth annual Millersville Parade and Homefields was there, along with more than 140 entries including bands, floats, fire apparatus, twirlers, the Phillie Phanatic, the "Heinz Hitch," with eight strutting Percheron, and so much more. Grand Marshals were two past Presidents of Millersville University.

The parade theme, "Milestones in History," honoring Millersville University's 150th Anniversary, is reflected by our two 19th century farm ladies, Linda and Joyce, Officers of Homefields' Board, as they drove the 2 mile parade route in our new Gator. Young and old waved and clapped. Millersville student volunteers, shareholders, friends, and especially our own Homefields' residents along with thousands of others lined the parade route. Linda noticed several groups of people and their support staff as they watched the parade go by and was hoping Homefields' float—celebrating adults with special needs—was a source of joy for them. Our good friends at George Street Café cheered and ran out to the Gator with coffee for our farm ladies.



Not only was this a fun day, but it was recognition for Homefields.

Signs on the Gator read, HOMEFIELDS, A GOOD NEIGHBOR AT 150-154 LETORT ROAD, and GOOD STEWARDS OF THE LAND. It is likely that many more people now recognize our name and know where we are located.

Joyce and Linda had such a good time that they are already looking forward to October 29, 2005 for the next parade with the theme "Circus Time." We will be looking for clown costumes and another creation for the Gator bed. Denise's display of items found around the farm—plants, vegetables, flowers, and hay bales—will be hard to top.

—Joyce Smedley



Up On The Roof...

Homefields' yellow barn has a newly painted green roof thanks to Kevin Carroll and Kyle O'Reilly, Partners, K&K Painting.

Kevin, a produce shareholder since 2002, took his love of the Goodwill at Homefields' organic farm program, community, and the color green to a new height when he and Kyle painted our rusted barn roof in July. The barn now compliments the equipment building that was built 2½ years ago, giving the property a cohesive appearance.

K&K Painting is yet another example of our expanding and concordant community.



Let the Chips Fall Where They May

Brunner Tree Service, Conestoga, has been donating woodchips (an organic mulch) to Homefields' farm property since the summer of 2003. Woodchips are a byproduct of a tree service business and mulch is a basic requirement for keeping plant roots moist and weeds at abeyance. Our businesses and needs are mutually complimentary.

Brunner Tree Service supplies enough mulch to satisfy the demands of our 8½ acres, an extraordinary gift. Because Mr. Brunner is quietly generous, he never stops to hear our gratitude. Thank you, Jeff, for helping our farm program and property work and grow.

Shawn continued from front

Homefields. It is our hope, dream and prayer that Shawn and some of his friends will one day live in a home that falls under the administration, care and love of Homefields. A home in which Shawn can continue to ride his "Deere," watch his Phillies continue to lose and his Eagles, hopefully, continue to win. A home in which he can return to after work and know people that care about him are awaiting and are glad he has safely returned. A home in which he finds the love and support of others, where he is assigned the responsibility for its care and maintenance. In short, a home very much where Shawn, you and I currently live.

Will our hopes, dreams, and prayers for Shawn come to fruition? Based on your past support for Homefields, I cannot help but think anything but a resounding YES! One of my fellow Board members frequently reminds me that it takes a Village. I find great hope and comfort in knowing that Shawn has the support of the "Homefields Village" behind him.

Your past support of both our Residential and Vocational programs is very, very, much appreciated. Your current and future support will not only help in maintaining and enhancing our existing programs, but will also allow us to expand and provide a quality life experience for Shawn and some of his friends. In anticipation of this continued support, my sincere, heartfelt thanks to all of you.

In closing, I would like to say that it is our intent to provide you with periodic updates on what is going on in the daily lives of not only Shawn, but our existing Homefields residents as well, so stay tuned folks. In the interim, I am wishing you all a very, very happy Holiday Season and best of New Years!

Dennis Dougherty

Homeless continued from front

Statewide, the number of people on an emergency waiting list expands to 2,100.

It isn't possible to imagine how many people similar to the Dougherty family have never been added to a list and are thus not part of this picture. Mothers and fathers try to take care of their own as best they can and, through love, will carry their responsibility for life.

Homefields has made a difference. We stepped forward as a community of caring people and families to provide homes and a place to work for those seeking a future with options. Please help us to expand our reach so that we may embrace others.

Mrs. Geraldine H. Determan

—In Memoriam—

October 14, 1918—July 28, 2004

Homefields lost one of our own when Founding Parent and Advocate Geraldine Determan released her hold on this life and entered into rest and peace.

Geraldine, or Jeri, was actively involved in offering support to people with mental retardation ever since her daughter, Mary Beth, reacted negatively to a DPT injection at the age of 15 months.

When no school would accept 6-year-old Mary Beth, she joined hands with other parents to start St. Colletta's school in the basement of a Presbyterian church in Arlington, Virginia. Mary was 1 of 8 of the school's founding children.

1989 Geraldine, along with her husband James, co-founded the United Support Group in Lancaster County, Pennsylvania. United Support Group's goal is to enhance the quality of life for children and adults with mental retardation and other developmental disabilities by providing social and recreational activities.

1993 Once again linking hands with other families in need, Geraldine became a founding parent of Homefields and opened a home for Mary Beth and others.

We will miss Geraldine. A red maple tree was planted in her honor at Homefields, just outside of Mary Beth's bedroom window. Now Geraldine's daughter can watch the beauty of the leaves through all her seasons.

Coming Home to Millersville



Dennis Dougherty, Board Officer, loves to crow about Homefields every chance he gets.

Eight years ago, a small group of folks met to talk about organizing a golf outing as a way to raise funds to support the program at Homefields. I was invited to be a part of that committee because a few knew that even though my skills on the course were not particularly special, my interest in the game was unrelenting. Others in the planning group welcomed me, and I quickly found that it was not hard to be impressed with the dedication and drive of those who had close ties to the Homefields mission. Most of us had limited experience with planning a golf outing. All of us were prepared to learn together. Even more impressive, most on the committee have continued to serve together since our initial meeting.

On September 24, 2004, we saw the results of our eighth planning effort. We had shifted our venue to Crossgates Golf Club in Millersville, just a short distance from the Homefields site. The hills and valleys of Crossgates were filled with golfers. They covered the fairways and greens with balls, and, in the interest of fairness, gave the rough, the river, and the woods their due, too. The weather was spectacular for a late September day, the Homefields rooster was on the prowl, and the pleasure that new and old friends were sharing was obvious.

Coming home to Millersville had long been an interest of some of us on the planning committee. Crossgates provides a first-class setting for such an event, and we wanted to reward those who have been so supportive of the Homefields

golf tournament effort throughout the years. We knew that loyalty was not limited to our committee. Those who have been to all of the events have no trouble recognizing a returning corps of volunteers. They are offered quick evidence of the loyalty of the sponsors who have made the outing such a significant success. Just as rewarding, they can see the familiar faces of the golfers, albeit with a few new ones added each year, as they test the course and their skills. Those who have been to the outing know that this has become something akin to a family affair. All seem to look forward to enjoying that part of the Homefields atmosphere.

In fact, that's what coming home to Millersville really means. We didn't come home to Crossgates. After all, this was our first time there, even though we hope to return regularly in the future. Instead, we came home to the spirit and sense of mutual caring that Homefields symbolizes and typifies on a daily basis. We just had another chance to be reminded of that—a few miles away from the source of the light and inspiration.

On behalf of the planning committee, I would like to thank all of you who helped make the Homefields 8th Annual Fall Classic Golf Tournament such a huge success. Please join us in looking forward to next year's reunion.

—Terry W. Blue



Lin Varga, Executive Assistant, Community Services Group, and Kay Welty, Director, Homefields, take a break from monitoring the Hole-In-One Porsche Boxster prize to smile for our camera.



GOLFERS: Jim Arnold • Mike Beahn • Tom Bennett • Robert Bickford • Susan Bickford • Susan Blue • Terry Blue • Beth Bowers • Steve Bowman • Jason Brader • Ken Brooks • Pat Browning • H. Clay Burkholder • Bob Byler • George Callahan • Rejean Carlson • Keith Cenekofsky • Bruce Cohen • Ed Conne • Chuck Cook • John Delvalle • Dave Dieck • Jeff Diem • Richard Edley • Karen Ehrhart • Ken Eshleman • Joel F. Ewer • Carmen Facciolo • Bill Ferrell • Pat Flaherty • Steve Frey • Gemma de la Fuente • Scott Fyfe • Carol Ganss • Mike Gbur • Jeff Gleason • Ron Glossner • Ken Greiner • Brett Groff • Jay Groff • Earl Grove • Fran Haldeman • Jan Hartle • Allison Hawthorne • Jon Heist • Tom Heist • Chris Herr • Nan Herr • Noah Hershey • Parmalee Hershey • Don Hess • Mel Hess • Jerry Hester • Robert Hill • Fran Holden • Ed Hollinger • Eric Hollow • Nancy Hostetter • Bob Howe • Bryan Hughes • Greg Imes • David Kennedy • Neil Kilian • Chuck Kimmich • Joan Klinger • Joseph Kurjiaka • Bill Koch • Ron Kratofil • Bob Jackson • Rick Johansen • Rob Jones • Jason LaFrance • Stefan Latshaw • Kris Lawrence • Tim Lawson • Kitty Levan • Keith LeVardi • Tony Lombardo • Bob Longo • Tom Malesic • Chris Marschka • Rick Martin • Liz Martin • Bill McCuen • Vaughn McKamey • Barry Mentzer • Donna Mentzer • Colleen Morrone • Bill Moshos • Don Mowery • Mike Moyer • Brent Musser • Brian Musser • Matt Musser • Scott Musser • Justin Nolt • Lynn Scott Paden • Tim Peachey • Karen Peiffer • Tim Price • Bob Rothfus • Dan Sadler • John Sandy • Andy Saylor • Dave Schreder • Dave Schriner • David Semedo • John Semedo • Tony Semedo • Tim Shawaryn • Scott Sheffy • M. Sindicich • Rob Skacel • D.R. Smith • Phil Smith • Mark S. Smoker • Steve Snyder • Bonnie Stambaugh • Dan Strauss • Jon Stuckey • Tom Sweeney • Carol Thompson • Don Thompson • Randy Tobiassen • Don Trout • Joe Varga • Brian Wassell • Brad Weaver • Julie Weaver • Dean Weikel • Richard White • Gary Wickman • David Wiegand • Rick Wiest • Jennifer Wright • Paul Wright • Nick Young • Randy Young • David Zug • **COMMITTEE:** Terry Blue, Chair • Allison G. Hawthorne • Chris Herr • Donald Mowery, CPA • Carolyn Semedo-Strauss • Reed Semedo-Strauss • Daniel J. Strauss • David Strauss • Linda Strauss • Tom Strauss • Lin Varga • Kay Welty • Denise Zeigler • **VOLUNTEERS:** Butch Bixler • Charles Cook • Jim Determan • Denny Dougherty • Susan Dougherty • Janet Hartle • Melissa Jones • Carmen Klingensmith • Cindy Ledwith • Joyce Smedley • Angela Smith • Julie Weaver

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A special thank you to the Gerald & Suzanne Ganse Family Foundation for donating a John Deere Gator to Homefields as their 2004 tournament sponsorship—Value: \$7,693.89

Homefields apologizes to any organization or person we may have overlooked. If you contact us, we will include your name or business in our next newsletter. info@homefields.org or www.homefields.org

Raffle and Donations

forms also available online at www.homefields.org

Yes, I'd like to help Homefields with my tax-deductible contribution:

\$25 \$50 \$100 Other

Please send me _____ tickets for the Harley-Davidson raffle at \$5 each. Raffle is for a red, XLH 883 Custom; drawing on February 12, 2005.

Total enclosed \$ _____

Your Information:

Name _____

Address _____

City _____ State _____ Zip _____

Telephone _____

email address _____

Method of Payment:

Check MasterCard Visa Discover/Novus American Express

Card # _____ Exp. Date ____/____

Signature _____

PLEASE ADD ME TO YOUR MAILING LIST PLEASE REMOVE ME FROM YOUR MAILING LIST



Clockwise from top: Brandon Pfrommer, Marty Zeamer, Dan Kahler, and Patrick Ryan aren't afraid to get a little dirty if it means producing wholesome organic foods.

Nature Lore

Way down yonder. . . In the *Asimina triloba* patch, that is. Better known as the pawpaw, but unknown to most, and tasted by fewer people still, our largest native fruit is being rediscovered. The pawpaw fruit is a green-skinned fruit with creamy yellow flesh and tropical flavor that reminds some of mango, banana and vanilla custard. It comes by its tropical flavor honestly, being the northernmost member of the custard apple family—the group contains the cherimoya, a fruit that Mark Twain aptly described as “deliciousness itself.”

The pawpaw nourished generations of Native Americans and later provided European newcomers with sustenance as they adapted to their new surroundings. The pawpaw is native from southern New England down to Florida and stretches out to the Midwest. Pawpaws favor establishment in shady areas, so they are not found out in the open, although young trees may be protected for a few years and then will grow in the full sun of your yard or field.

Unlike apples or pears, relatively little selecting or breeding work has been done, so there are only a few named varieties of pawpaws. However, pawpaw enthusiasts are busy selecting the best varieties they can find in the wild and giving them names in order to disseminate the best genetic material. If you'd like to try one, many of the wild types growing in the river hills down around Muddy Run Park and Holtwood are plenty tasty. The Lewis and Clark expedition of 1806 apparently thought so too: “our party entirely out of provisions subsisting on poppaws. . . the party appear perfectly contented and tell us that they can live very well on poppaws.” For an expedition of your own, September and October are the best times to be in the pawpaw patch.

—Scott Breneman

Homefields Mission Statements

RESIDENTIAL To create financially secure, long-term homes in safe, family-like settings where there is respect for the individual in a holistic sense, and fun and creativity are revered as basic human needs. **VOCATIONAL** To provide agricultural/horticultural facilities for individuals who prosper with supported employment, to nurture integration through community interaction, and to cultivate a spirit of volunteerism within our community.

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 Leon Bixler
 Allison G. Hawthorne
 Stefan Latshaw
 Cindy Ledwith
 Dorothy L. Lyet
 Thomas E. Strauss
 Kay A. Welty
 Denise Ziegler



Board Director Denise Ziegler hammers out a few kinks on the property.

Recipe:

Autumn Harvest Minestrone

- 4 carrots, peeled and chopped into 1-inch pieces
- 4 small new potatoes, chopped into 1-inch pieces (about 2 cups)
- 2 leeks, chopped (white and light green parts)
- 1 medium onion, chopped
- 2 zucchini, sliced into 1-inch discs
- 1 14-ounce can diced tomatoes, undrained
- 3 teaspoons minced garlic
- 1 tablespoon dried oregano
- 1 tablespoon dried basil
- 1 teaspoon salt
- ½ teaspoon pepper
- 32 ounces vegetable broth
- 1 cup slightly cooked vegetable rotelle (corkscrew pasta)
- 1 15-ounce can garbanzo beans, drained and rinsed
- 1 cup chopped Swiss chard
- ½ cup frozen peas
- Grated Parmesan or Asiago cheese, for garnish

1. Combine carrots and potatoes in slow cooker. Add leeks, onions, zucchini, tomatoes, garlic, and spices. Pour vegetable broth over mixture. Cover and cook on low heat for 6-8 hours.
 2. During the last 15 minutes of cooking, add cooked pasta, garbanzo beans, chard, and frozen peas. Stir, re-cover, and continue cooking.
- Serve garnished with cheese.
 Serves 8. Use asparagus, green beans, fresh peas, and tomatoes if seasonally available.

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HOMEFIELDS' NEWSLETTER • ISSUE SEVENTEEN • DECEMBER 2004



Farmer trainee Marty Zeamer gives new meaning to the phrase “in the field”.

Homefields
 150 Letort Road
 P.O. Box #41
 Millersville, PA 17551

